

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Family Guide to First Things First Funded Programs in Pima County

## Contact

### *Do you have parenting questions or need advice?*

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions

#### **Southwest Human Development**

1-877-705-KIDS (5437)

### *Are you a parent or caregiver looking for resources and support?*

#### **Home Visitation**

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

#### **Casa de los Niños**

(520) 624-5600

#### **Pascua Yaqui Tribe Si Tuisi Naate Program (Services only available on the reservation)**

520-879-6108

#### **Family Support and Child Development Tohono O'odham Nation**

(520) 383-6124

#### **Sunnyside Unified School District Parents As Teachers**

(520) 545-3650

#### **Desert Senita Community Health Center (Services only available in Ajo, Why and Lukeville)**

(520) 387-5657 X-3352

#### **United Way of Tucson & Southern AZ**

(520) 903-3954

**Parent Education Community-Based Training**

Strengthens families with young children by providing voluntary classes in community-based settings such as parenting groups, nutrition education, and support and education for teen parents

**Pascua Yaqui Tribe**

**Dr. Fernando Escalante Community Library and Resource Center**

**(Services only available on the reservation)**

520-879-5473

**Parent Coalition Hotline Number**

(520) 624-9290

**United Way of Tucson & Southern AZ**

(520) 903-3954

---

***Do you want information about your child's physical or oral health?***

**Oral Health (Services only available in Pima South)**

Decreases preventable oral health problems in young children.

**Pima County Health Department**

**First Smiles Matter**

(520) 243-7782

---

***Want to see how reading and play can help your child learn?***

**Community-based Literacy**

Helps parents support their young child's love of words and books.

**Make Way For Books**

(520) 721-2334

---

***Do you need to find a preschool?***

Increase the number of 3- and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond. This program is only available in the Tohono O'odham Nation region.

**Tohono O'odham Nation Education Department**

(520) 383-7800

***Do you need to find quality child care for your, infant, toddler or preschooler?***

**Quality First Child Care Scholarships**

Provides scholarships to children to attend quality early care and education programs.

**Early Learning**

Resources for finding quality child care and preschool programs.

**Valley of the Sun United Way Hotline**

(866) 973-0012

[www.azftfscholarship.org](http://www.azftfscholarship.org)

**Quality First**

qualityfirstaz.com

**First Things First Southeast AZ Regional Area Partnership Councils**

**For more information contact:**

SE AZ Regional Office at (520) 628-6650 or Lisette DeMars, Community Outreach Coordinator at [ldemars@azftf.gov](mailto:ldemars@azftf.gov) or 602-320-4011 or Aggie Nizhonie Hart at [ahart@azftf.gov](mailto:ahart@azftf.gov) or 520-628-6698

**Areas Served:**

**Pima North, Pima South, Tohono O'odham  
Nation the Pascua Yaqui Tribe**

Call the program contact numbers listed to learn if this program is available in your neighborhood